

NEWSLETTER

NYMBOIDA PUBLIC SCHOOL



Est. 1879

22 FEBRUARY 2024
WEEK 4 TERM 1

PRINCIPAL'S MESSAGE

It has not taken long for everyone to get settled in at school, and engaged in learning. We have all been so impressed with the way the new students have adapted to school life, and how well our older students have taken on leadership roles at the school.

We are very excited to welcome a new family into our school community. Adam started Kindergarten today, and all the students did a great job of making him feel at home. Welcome Adam and Mum, Renee!



Our calendar for the remainder of term is filling up fast with excursions and other school-based activities. We also have NAPLAN this term in weeks 7-8, and more information will be sent home to the parents of students in years 3 and 5.

The students are very excited that canteen will start again from tomorrow.

Thank you very much to our volunteers!

Louise Hankinson
Principal

TERM 1 CALENDAR

Fri 23 Feb

- Scripture commences

Wed 28 Feb

- Surfing Woolgoolga

Fri 1 Mar

- Clean Up Australia Day

Wed 13 Mar

- NAPLAN commences

Tue 19 Mar

- Harmony Day

Happy Birthday

to

OLIVER for the 20th Feb

&

ADAM for the 26 Feb

CANTEEN

**THANK YOU FOR THE WONDERFUL
RESPONSE FOR CANTEEN HELPERS!**

Fri 23 Feb - Ellie

Fri 1 Mar - Sian

Fri 8 Mar - Angela

Fri 15 Mar - Lucy

Fri 22 Mar - K-2 Class

Fri 29 Mar - Easter PUB HOL

Fri 5 Apr - Eve

Fri 12 Apr - Erin



GENERAL SCHOOL INFORMATION

Newsletters: Newsletters are sent home fortnightly on a Thursday. Please check your child's bag for these and other notes that may be sent home.

Late arrivals and early departure procedures: Parents are required to attend the office and sign a register if their child arrives late or departs early from school.

What to Wear: Students are required to wear the correct school uniform each day. This includes a school shirt, black shorts/skirt/pants, school hat, and appropriate footwear (black or white school shoes/joggers). *(For the younger children, it is a good idea to pack a spare set of undies & shorts in their bag in case of little accidents.)*

Uniforms - Shirts, hats, jackets, school bags and swim/library bags are available for purchase at school. School Shirt \$32.00, Hat \$15.00, Jackets \$37.00, Swim/library bag \$5.00, School bag (no logo) \$38.00. Please clearly mark your child's name on their clothing and belongings that they bring to school. Finding owners is much easier when items are named.

Food: Please ensure your child brings a healthy lunch and recess, fruit for our morning crunch & sip break, and a water bottle. A student fridge is available for food storage if required. Crunch & Sip @ 10am - fruit/veg is to be either cut into pieces or small in size (small apples), as there is only a limited amount of time for students to eat.

Sun Safety Policy: Wide brim hats are compulsory for students to wear when they are not under sheltered areas at playtime. Please talk to your child about this important rule. Sunscreen is available at the school. Please contact the school if you do not wish your child to have sunscreen applied.

Special Religious Education (SRE): Scripture will commence once a week from week 4, a permission note is attached to the newsletter. Children not attending SRE will be given alternative meaningful activities.

Attendance: Students are expected to attend school everyday unless there is a valid reason they are unable. If a child is away, the school should be notified as soon as possible, either by a note or phone call.

Bus information: Our bus service is BNA buses. If you require any information such as times or pick up or drop off points, please contact Harvey direct on 66426518.

School Times:

Start of school is 8.45am (parents may drop their child off anytime after 8.30am as there is no supervision prior to that time)

Lunch: 10.45 - 11.30am

Recess: 12.45pm - 1.15pm

Home time: 2.45pm (bus departs the school at 3pm)

School and Community Garden

Our school and community garden is up and running at the front of the school. Parents and community members are encouraged to plant, weed and water the garden if they wish, and harvest any produce they may like to use. Please feel free to do this at anytime during the day or weekends.

Sporting Schools - Surfing at Woolgoolga

Next Wednesday we will be travelling by bus to Woolgoolga Beach to participate in the Surf Groms beach awareness day. This is a wonderful day out for the students who learn all about beach and water safety. Please ensure permission notes have been returned by next Monday at the latest (if you need a new one let Chris know in the office). There is no cost to parents for this event as all charges are covered by the Sporting Schools funding initiative.



Clean Up Australia Day

Next Friday 1 March we will be participating in the 'Clean Up Australia Day' celebrations at the school. Staff and students will be supplied gloves and rubbish bags by the school to help them in cleaning up our beautiful school grounds.



Year 3-6 Excursion Baryugil PS

Later this term, year 3-6 has been invited to attend an overnight excursion to Baryugil PS as part of the Smalls Schools Collegiate in the Clarence Valley. We will be joined by students from Cowper PS, Tucabia PS and Baryugil PS. This will be Thu 21 and Fri 22 March 2024. Students will be accompanied by Ben McIntosh and Louise Hankinson. More information and a permission note will be sent home in the next week.

Harmony Day

On Tuesday 19 March, we will be celebrating Harmony Day at the school. Last year was such a great day, so once again we welcome all parents and carers to come and join in the festivities!

Students may come in mufti clothes (orange coloured) if they wish.

Our School Leaders will open festivities with an Acknowledgement to Country followed by students showcasing activities in the 3-6 classroom.

Harmony Day Luncheon - a selection of foods from cultures around the world will be provided for students and parents. Students should bring along a snack for morning break and may bring their own lunch if preferred.



School Website

Our school website is the official site for information about the school.

This can be found at
<https://nymboida-p.schools.nsw.gov.au/>

Facebook Page

We also have a School Facebook page which we provide regular updates and photos to, and also important information.

If you haven't already, please 'like' our Nymboida PS facebook page, the web address is:
<https://www.facebook.com/pages/category/School/Nymboida-Public-School-107110697350903/>

SCHOOL BYTES – Parent Portal

Dear Parents/Carers,

The School Bytes portal provides flexibility for you to conveniently:

- Make school payments online (including paying for multiple siblings at once)
- Use a family credit to pay for an activity or school contributions
- Download a receipt for payments made
- View all historical payments in one place
- View calendar of events
- View students attendance
- Complete and submit digital permission notes (if available) & view the status of them.

This can be done where you want at any time: day or night.

Through the portal, you will easily be able to download a receipt once a payment has been made and have access to view all historical payments when needed. Online payments are processed in real-time and can be viewed by school staff immediately. While our preference is for payments to be made via the portal, we will still accept payment via cash.

Register for the Parent Portal at:
<https://portal.schoolbytes.education>

If you require further information or need assistance, or you need a linking code, please contact the school.

Debating Day at Woolgoolga PS

It was all very overwhelming and confronting at first, but by the end of the day, all four of our senior students had written an argument and presented it in front of an audience.

Legends!



WELL DONE!



6 TOOTHBRUSHING TIPS FOR CHILDREN

Brush twice a day
for two minutes



1 CHOOSE THE RIGHT TOOTHBRUSH

- Use a children's toothbrush with a small head and soft bristles.
- Small, soft toothbrushes are gentle on the teeth and gums and they are able to reach all areas of the teeth.



2 USE THE RIGHT AMOUNT AND TYPE OF TOOTHPASTE

- Spread a small (pea-sized) amount of toothpaste on the toothbrush.
- Under 18 months – don't use toothpaste. Wet the toothbrush with water to make brushing more comfortable.
- 18 months to 5 years – use a low-fluoride children's toothpaste.
- 6 years and older – use a regular strength toothpaste that has at least 1000 parts per million fluoride concentration.



3 BRUSHING FOR BABIES AND TODDLERS

- Sit babies and toddlers on your lap.
- Use your free hand to support them to lean back slightly.



4 BRUSHING FOR CHILDREN

- Children can stand in front of a mirror or basin – position yourself beside them.
- Ask them to lean their head back slightly and open wide.
- Use your free hand to help support their chin.



5 BRUSH IN SMALL CIRCLES

- Move the brush in small circles to clean the teeth and down to the gumline.
- Clean the insides, outsides (closest to the cheeks) and chewing surfaces of the teeth.
- Move the toothbrush back and forwards over the chewing surfaces of the teeth.
- Brush gently for two minutes and make sure you reach the back teeth.



6 SPIT DON'T RINSE

- Have children spit out any remaining toothpaste once brushing is finished.
- Discourage children from swallowing toothpaste.
- Don't rinse with water for 30 minutes after brushing.
- Rinse the toothbrush and leave it somewhere clean to dry.

