

# Nymboida Public School

Innovation, Opportunity and Success

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## NEWSLETTER

Week 8 Term 1

20 March 2018

### Harmony Day - this Friday!

On Friday 23rd March the school will celebrate Harmony Day. Families are invited to attend for a cultural presentation and luncheon, **from 11.00am. We ask that families provide a plate of food to share. Students are asked to 'dress-up' in an outfit representing another culture or country.** We look forward to a day of celebrating Australia's cultural diversity.

### Life Education

Our visit from Healthy Harold and the Life Education van has had to be postponed due to mechanical issues. Harold will now visit the school on Tuesday 10th April. Orders for merchandise will be held at school until the day.

### Bullying. No way!

Last week students produced some wonderful artwork to acknowledge the National Day of Action Against Bullying and Violence. The theme for the artwork was 'Bullie in Yourself'.

### If your child talks to you about bullying:

1. **Listen** calmly and get the full story.
2. **Reassure** your child that they are not to blame.
3. **Ask** your child what they want to do about it and how you can help.
4. **Visit** [www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au) to find some strategies.
5. **Contact** the school.
6. **Check in** regularly with your child.

**BULLYING. NO WAY!**

[www.bullyingnoway.gov.au](http://www.bullyingnoway.gov.au)



Week 7 award winners

### Cartridges 4 Planet Ark

Reminder - we are a collection partner! Help the environment and reduce waste by dropping your used printer cartridges into our collection box, located in the school office.



A photo from Harmony Day 2017 ↓



### Important Dates

<b>Fri 23 Mar</b>	Harmony Day luncheon
<b>Fri 30 Mar</b>	Good Friday public holiday
<b>Mon 2 Apr</b>	Easter Monday public holiday
<b>Mon 9 Apr</b>	Nymboida Cross Country
<b>Tue 10 Apr</b>	Life Education & Healthy Harold
<b>Fri 13 Apr</b>	Last day of Term 1

### Canteen

This Friday the canteen will NOT be open. Please supply a plate of food and join us for the Harmony Day luncheon. Thank you!

### Roster

Friday 23/3  
Friday 6/4  
Friday 13/4

Harmony Day  
Carmen  
Jenny

*A supportive, diverse and engaging learning environment that develops confident and creative students.*

# Definition of bullying

The national definition of bullying for Australian schools says:

Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious (overt) or hidden (covert).

Bullying of any form or for any reason can have long-term effects on those involved, including bystanders.

Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Behaviours that do not constitute bullying include:

- mutual arguments and disagreements (where there is no power imbalance)
- not liking someone or a single act of social rejection
- one-off acts of meanness or spite
- isolated incidents of aggression, intimidation or violence.

However, these conflicts still need to be addressed and resolved.

**FREE FOR KIDS** 18 YRS & UNDER



## GRAFTON VIKINGS FAMILY FUN DAY!

Get out and active as you learn to dribble, shoot, and play in a team

Join Grafton Vikings for a day of basketball, games and craft on

**Thursday 19<sup>th</sup> April 2018**

**9am – 3pm**

**Grafton Sports Centre, 300 Powell St**

With activities to suit all ages and skill levels, plan a day out with the whole family. Play friendly team games, learn fun basketball skills, and even make some sporty basketball themed crafts!

**FREE** for KIDS (18 years and under)

\$5 per adult

Canteen available and a sausage sizzle will be available on the day!

Bookings can be made at the Grafton Sports Centre – 02 6643 1188

[admin@graftonbasketball.com.au](mailto:admin@graftonbasketball.com.au)



## Kids' fishing workshop



Kids 8–14 years old are invited to come and learn to fish safely and responsibly. Instructors are experienced volunteers and staff from Industry & Investment NSW.

The day runs from 10 am–2 pm and involves fishing techniques, bag & size limits, fish handling for catch & release.

**COST: \$40 PER CHILD**, and includes rod & reel combination, shirt, hat, tackle box and show bag — all to take home!

**BOOKINGS ARE ESSENTIAL.** Maximum 25 participants.

**LOCATION:** Dutton Trout Hatchery, Point Lookout Rd, Ebor.

**DATE:** 20<sup>th</sup> of April 2018

**BOOKING CLOSE:** 16<sup>th</sup> of April 2018

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